

“ICDP: The Best Start for Families- A Health Equity Approach”

Facilitator Training Workshop Professional Development



Overview

LCFS trains service providers as Facilitators to use “The Best Start for Families” in their daily practice with families (parents, foster parents, and/or children). “The Best Start” is based on the International Child/Parenting Development Program (ICDP-USA), with an emphasis on building the protective factors of positive Family Relationships and Health Equity for all.

“ICDP: The Best Start” is an evidence-based program which strengthens psycho-social competencies of professionals (mental health providers, social workers, educators, early childhood professionals, and others in related fields) working with parents, foster parents, and other caregivers in their practice, as well as in their facilitation of Best Start Parent Learning Groups. Professionals learn the curriculum and facilitation philosophy of this two- generational, trauma-informed program. The program strengthens their capacity to recognize each parent and child’s strengths and to nurture positive relationships which are the foundation of health equity for the entire family.

Each facilitator learns to conduct ICDP sessions which span key parent/caregiver-child interactions on empathy; caregiver conceptions of their role and of the child; social/emotional life social/emotional literacy; learning/leading (cognitive development); and regulation (self-control/discipline) skills. Facilitators learn to support parents and caregivers in their institutions and communities, while facilitating and within their daily practice. Best Start Programs are currently held in schools, mental health/social service agencies, faith/community organizations, and jails/detention/transition centers. LCFS provides the program through its DCFS contract with 1-1 parent coaching. As parents gain confidence, they support their children’s positive development and success in family, school, and community.

Program can be offered in English and Spanish.

*Facilitator Trainees may recommend Foster Parents as Co-Facilitators.
For more information, contact Rachel Fuentes at (630) 294-5158

Trauma-
Informed

Community,
Strengths-
Based

Building
Protective
Relationships

Empathy and
Evidence-
Based

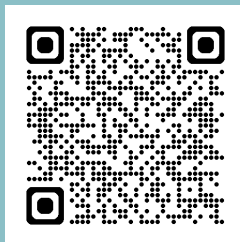
Register at:

https://www.flipcause.com/secure/cause_pdetails/MjIwNjIz
October 11, 2024

Registration Details:

Facilitator Trainees:
\$495 (21 Hours)
Group rate (4 or more people) available.
Contact us for more information.

Continuing Education:
\$60 - 17 CE Hours (NASW, EI, EC, CPDU)
*LCFS Staff-Supervisor approval required for participation. No registration fee, please use code COMP to register.



Dates (21 Hours):

Thursday October 17, 2024 - Virtual & In-Person
8:45am sign-in, 9:00am - 3:00pm workshop

Friday, October 18, 2024 - Virtual Only
9:00am - 5:00pm workshop

Friday, October 25, 2024 - Virtual & In-Person
9:00am - 5:00pm workshop

Location: Hybrid
Zoom / Northern Lights Community Center (551 4th Ave, Aurora)

Caregiver Outcomes:

- Increased Self-insight, understanding and awareness
- stronger sense of self-confidence in caregiver role
- Empathy-based communication
- Improved observation and understanding
- reduced psychological aggression
- Reduced physical abuse

Children Outcomes:

- More positive feelings towards caregivers
- More emotionally secure, open, and confident
- More imaginative and creative
- Better behavior control, respect and cooperation with others
- Learn how to plan and reflect before acting
- Larger vocabulary

Workshop Trainers:

Kimberly Svevo, Ph.D. (Department Director)
Rachel Fuentes, MSW (Education Manager)
Diane McFarlin, Ed.D. (Education Coach)
Warren Braden, Ed.D. (Project Manager)



For more information: (630) 909-9411 | 411 Stevens St, Geneva, IL 60134