

“Best Start-All About YOUth” Coach Training Workshop

Location: Hybrid Training - Zoom/LCFS Best Start for Families Department Office
Trainers: Kimberly Svevo, Ph.D., Warren Braden, Ed.D., Rachel Fuentes, MSW



Thursday, January 23, 2025

Registration: 1:15 pm

Workshop: 1:30 pm - 6:00 pm

“The Best Start for Families - A Health Equity Approach” Introduction Training

“ICDP: The Best Start” is an evidence-based program which strengthens psycho-social competencies of professionals (mental health providers, social workers, educators, early childhood professionals, and others in related fields) working with parents and caregivers in their practice, as well as in their potential facilitation of Best Start Parent Learning Groups. The unique spectrum of our “Best Start” approach is:

- Empathy
- Social-Emotional Skills
- Comprehension (Learning and Leading)
- Regulative Parent-Child Interaction

Professionals learn the social-emotional concepts, curriculum, and facilitation philosophy of this two-generational, trauma-informed program.

The program strengthens their capacity to:

- Recognize each parent and child’s strengths and skills
- Nurture positive relationships and well-being, which supports a foundation of health equity for the entire family.

Continuing Education:

Best Start Intro - 1:30 pm - 6:00 pm (4.5 hrs CPDU’s)

Friday, January 24, 2025

Workshop: 1:30 pm - 6:00 pm

“Best Start-All About YOUth” Coach Training

Prerequisite: Introduction Training or “Best Start” 20-hour Facilitator Workshop

Trainees will learn the “Best Start: All About YOUth” curriculum (8-24 week options) and how to facilitate it with youth in an engaging, appreciative and motivational way -through relationship.

The curriculum has four major components:

- Social Emotional Skill-building
- Relationship Building Skills
- Youth Development and
- Restorative Practices as a foundation of human “being.”

Trainees will explore how to coach youth in using healthy social-emotional communication, practicing techniques of conflict resolution as well as exploring the use of restorative practices.

These practices are essential in building a trauma-informed approach which builds resilience, positive mental health and equity for youth and families. Ultimately, students come to celebrate themselves and each other as they plan for the future.

Continuing Education:

AAY Coach Training - 1:30 pm - 6:00 pm (4.5 hrs CPDU’s)

Registration Fee: Full Day (Part 1 & 2): \$255 Half Day (Part 1 or 2 only): \$145

Registration fee includes Coach Playbook (\$50 value). Student workbooks available for purchase-discounted for trained coaches.

Contact LCFS/BSFF for information on **Group Rates** or **Scholarships** at BestStart-ParentingPrograms@lcfs.org or call **Dr. Warren Braden** at (630) 294-5153.

Registration Deadline: January 15, 2025

https://www.flipcause.com/secure/cause_pdetails/MjIzNzk5

LCFS Best Start for Families Department

411 Stevens St, Geneva, IL 60134

1700 N Farnsworth Ave. Aurora, IL



LCFS TEAM-Supervisor approval required. No payment required upon registration.

